IMPORTANT IDIOMS & PHRASES WITH THE MEANING & EXAMPLES

Decked up

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Meaning Example		Put on special clothes to appear particularly appealing and attractive. When the consultation began in the evening, the mausoleum of former Chief Minister Jayalalithaa on the Marina was decked up with flowers.
Doing the	e ro	ounds
Meaning	:	To be passed from one person to another
Example	:	Since morning, the talk doing the rounds
D 4 4		was that Mr. Panneerselvam would come out with a statement on the merger after Chief Minister Edappadi K. Palaniswami on Thursday announced the government's move to constitute a commission of inquiry, one of the two demands that the AIADMK (PTA) had been raising.
Put off		
Meaning	:	An evasive reply, to delay doing something, especially because you do not want to do it.
Example	:	The "strong stand" taken by leaders, including former Minister K.P. Munusamy, was said to have prompted Mr. Panneerselvam to put off a decision on the merger. Mr. Munusamy was not available for comment
Takes a b	eat	ling
Meaning	:	To be damaged because of performing badly or being criticized Example: Vishal Sikka quits as Infosys CEO, shares take a beating
Turn up/o	on 1	the heat ACCEC DVT ITD
Meaning	:	To use force to persuade someone to do something; to increase the pressure on someone
		to do something r Institute for Foreign Languages
Example	:	Management is turning the heat up to increase production. The teacher really turned up the heat on the students by saying that everyone would be punished if the real culprit was not found.
Rip apart		
Meaning	:	To destroy something completely
Example	:	The nine judge bench of the supreme court on Thursday ripped apart its own judgment of 2014 upholding section 377 of the Indian penal code, which criminalizes consensual sexual acts of adults in private.
Step dow	'n	
Meaning	:	Withdraw or resign from an important position or office
Example	:	R. Seshasayee, chairman of the board decided to step down from the board, Infosys said in a release.

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Strikes a	Strikes a blow				
Meaning	:	To do something to help or to support an idea, movement, or group, to do something to harm or oppose an idea, movement, or group			
Example	:	The supreme court judgment strikes a blow on the unbridled encroachment and surveillance by the state and its agencies in the life of the common man			
Hold on					
Meaning	:	Wait; stop , endure in difficult circumstances.			
Example	:	The result helped UP hold on to the top spot in Zone B but, in a group where the			
		difference between the top and bottom-placed sides is just 16 points, it would be a fragile			
		lead			
Pull throu	ugł	1			
Meaning	:	Get through an illness or other dangerous or difficult situation			
Example	:	Second seed Harinder Pal was in a lot of trouble after a sluggish start against Aditya Jagtap,			
		but regained the surety of his touch to pull through in four games.			
Pumped	up				
•		To fill with enthusiasm or excitement, to fill with or as if with air			
Example		"I like the fast court. I am pretty happy and pumped up to play the semifinal," said Kush.			
Leave no	sto	one unturned			
Meaning		To do everything possible in order to achieve or find something			
Example	:	Ahead of its return to the IPL in 2018, Chennai Super Kings is leaving no stone unturned to			
		get its campaign back on the track. One of the key reasons for its success in the first eight			
р ·		years was that the team managed to retain a core group of players and the support staff.			
Rope in		OLACCED DUT LTD			
Meaning		You mean that someone persuaded you to help them do that task			
Example	:	For 2018, the intentions remains the same with the team intending to rope in former			
		coach Stephen Fleming titute for Foreign Languages			
To win la					
	:	To win honour The two, who have won many laurels for the country by winning medals in the			
Example	:	Commonwealth, Asian and World championships, exhorted the students to focus on			
		physical fitness.			
Snuffed o	t				
Meaning	:	To make something end quickly, especially by using force			
Example	•	It was the government's most brutal attempt to snuff out the rebellion.			
Knock ou	It				
Meaning		To make someone leave a competition by defeating them			
Example	:	Denis Shapovalov makes his glee known after knocking out top seed Rafael Nadal.			
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Crash out

- Meaning : To be badly defeated so that you have to leave a competition
- **Example** : Davinder Singh became the first Indian to qualify for the javelin final even as his more fancied compatriot Neeraj Chopra crashed out in the qualification round.

Lay in tatters

- Meaning : Damaged beyond repair
- **Example** : Wayde van Niekerk's dreams of emulating legend Michael Johnson's 200-400m world double lay in tatters on Thursday as Turkey's 9/1 outsider Ramil Guliyev edged the 200m final

Turn in

- Meaning : Hand in, submit
- **Example** : Ramil Guliyev turned it on when it mattered most tostun pre-race favorite Wayde Van Niekerk In the 200 m

Sweat something out

- Meaning : To anxiously wait for something, to get rid of something in one's body by sweating.
- **Example** : With team selection imminent, Dhoni and Suresh Raina, who last played an ODI for India in October 2015, sweated it out on Friday. sent in my application and now I have to sweat out the two months until I get an answer.

Keep at bay

- Meaning : To prevent someone from moving closer
- **Example** : Refreshed with a day's rest thanks to the inclement weather, Virat Kohli reiterated that his men will keep complacency at bay while playing the third and final Test against Sri Lanka here from Saturday

Tone down

- Meaning : Altered so as to be less extreme or intense.
- **Example** : The ground is surrounded by cloud-enveloped mountains and acres of verdant green. The last-named shade was however toned down on the pitch with the ground-staff scrubbing away the grass.

Scrub away

- **Meaning** : To clean something away by rubbing.
- **Example** : The ground is surrounded by cloud-enveloped mountains and acres of verdant green. The last-named shade was however toned down on the pitch with the ground-staff scrubbing away the grass.

Wear and tear

- Meaning : Damage from work or use
- **Example** : The visitor's dominance has been overwhelming against a host that is still searching for the right combination and ideal performance while also resembling the walking-wounded, losing players to freak incidents on the ground or to regular wear-and-tear that affects athletes.

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Tick all the boxes :

Meaning Example	:	To satisfy or fulfill everything that is necessary or desired. Virat Kohli's men have ticked most of the boxes, be it runs or wickets, with the lone worry being a few butter-fingers in the close-in cordon.
Butter-fi	nge	rs
Meaning Example	:	Someone who is clumsy and often drops things or else fails to catch something Virat Kohli's men have ticked most of the boxes, be it runs or wickets, with the lone worry being a few butter-fingers in the close-in cordon.
Lose grou	und	
Meaning	:	To fall behind someone or something, become less successful
Example	:	Equity benchmark indices lost ground for the fifth consecutive day on Friday as weak domestic corporate numbers along with global negativity on account of geopolitical tensions dampened investor sentiment
Stem the	tid	
Meaning	:	To stop something from increasing
Example	•	This law may stem the tide of pollution of our beautiful river from the factories built along its banks.
Hinge on	1	
Meaning	:	To be determined or decided by (something): to depend on (something)
Example	:	Roelant Oltmans' continuation as the hockey head coach hinges on the clarity and quality of his plans for India's hectic season ahead
Make or	bre	ak
Meaning	:	Cause either total success or total ruin,
Example	:	The recent Europe tour was expected to be the make-or-break outing for the Dutchman and a final decision will be taken when the Hockey India panel, formed to evaluate the team's performance, meets in New Delhi from August 31 to September 3.
Step up		
Meaning	:	To make something go or run faster, increase,
Example	:	What he has done so far is appreciated but there is now need to step up to another level, compete and win against the top-four.
Turn dov	vn	
Meaning	:	A rejection or refusal.
Example	:	How could you turn down such a fantastic job?
In the scl	nen	ne of things
Meaning	:	The way things are organized or happen in a particular situation, or the way someone wants Them to be organized
Example	:	He insisted that R. Ashwin, despite playing only 15 ODI matches since the 2015 World Cup, is very much in the scheme of things

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Back up

Meaning	:	One that serves as a substitute or support
Example	:	Looking ahead to the 2019 World Cup, we will need to have back up options for every bowler that we have."
Bestowed	do	n
Meaning	:	To give something to someone; to present something to someone
Example	:	Knighthoods had been bestowed on West Indian cricketers like 'confetti'
Cross the	lir	e
Meaning	:	To change from being acceptable to being unacceptable, to do something wrong
Example	:	Chasing a target of 224, India-A took 62.3 overs to cross the line as Karun got rid of his wretched form, hitting 13 boundaries in 144 balls.
Pulled of	f	
Meaning	:	To succeed in doing something that is difficult
Example	:	In the biggest upset in the section, France's Brice Leverdez pulled off the first shock by
		defeating second seed Lee Chong Wei 21-19, 22-24, 21-17 in 75 minutes and perhaps
		end Lee's elusive search for the world title which has seen him take three silver medals
_		just as he has done in the Olympics.
Bow out		
Meaning	:	Withdraw or retire from an activity or role.
Example	:	India top mixed doubles pair of Pranaav Jerry Chopra and N. Sikki Reddy, also seeded
		15th, defeated Indo-Malaysian combo of Prajakta Sawant and Yogendran Khrishnan
		21-12, 21-19. However, in the other mixed doubles matches, B. Sumeeth Reddy and Ashwini Ponnappa, and Satwiksairaj Rankireddy and K. Maneesha suffered contrasting
		losses to bow out.
Cast out		
Meaning		To force someone or something to leave a place
Example	:	The minority verdict said social evils such as sati, infanticide, and devadasi system were
Example	•	cast out by way of legislation and not by judicial orders.
Every clo	nq	has a silver lining
Meaning		Good things come after bad things
Example	•	'It seems that if you're big, rich and powerful enough, every cloud has a silver lining.'
Take a sta		
Meaning	:	Adopt a firm position about an issue
Example	:	To smoothen the process of merger of the two AIADMK factions, the camp led by chief
		minister Edapadi k. Palaniswami is expected to take a stand against AIADMK (AMMA)
		interim general secretary V.K.Sasikala at a meeting at the party headquarters on Monday
Blew the	lid	off
Meaning	:	To make public something that was previously not known or was hidden

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Example	:	Former DIG of Prisons D. Roopa, who blew the lid off the special treatment meted out to prisoners, including Sasikala submitted the footage taken from the CCTV recording of the central prison complex, as part of her statement to the ACB.
Run over	•	
Meaning	:	To hit someone or something with a vehicle and drive over them, to practise what you are going to say in a speech, performance etc
Example	:	Senior Railway Ministry officials told that
		welding work was underway near the Khatauli railway station in Uttar Pradesh, leaving a portion of the track without rails when the Utkal Express ran over it and derailed, as per
		the prima facie investigation
Gearing	up	
Meaning	:	To prepare yourself, or to prepare something for an activity or event.
Example		With the home-stretch in sight, the leading contenders headed by Swapnil Dhopade are
Liample	•	gearing up for a powerful finish in the National Challengers chess championship here.
D' 11		
Pinned b		
Meaning	:	To hold something back by pinning
Example	:	The 26-year-old Spaniard struck the winner with less than three minutes
		remaining in an impressive show of character by Chelsea after it had been pinned back
		when substitute Michy Batshuayi headed into his own net eight minutes from time
Part way	S	
Meaning	:	To leave each other, to depart from someone
Example	:	After failing to defend their Los Cabos title last month. Purav Raja and Divji Sharan fell 15
-		places each in the ATP rankings and the pair decided to part ways heading to the US
		OPEN. ACCEC DVT ITD
Hogging	the	limelight DDED
Meaning	:	Making oneself the center of attention to the exclusion of others
Example	:	Over the past few years, the Indian presence in the men's singles has been growing
Example	•	steadily. Initially, women players hogged the limelight due to Saina Nehwal and P.V.
		Sindhu winning titles. Now Srikanth, Prannoy, Sai Praneeth and I are doing pretty well on
		the world stage.
Drownin		
	•	
Meaning		To make it impossible to hear something
Example	:	The hyper-charged crowds were only too happy to comply and shouted back, "Bharat
		Mata ki Jai", drowning out the Pakistani "attack
Wind do		
Meaning	:	Gradually lose power
Example	:	Seventy years after 1947, it's time to wind down the choreographed hostility at the India-
		Pakistan border

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Bury the	hat	tchet
Meaning	:	End a quarrel or conflict and become friendly
Example	:	AIADMK factions bury the hatchet
Put off		
Meaning	:	Delay doing something
Example	:	Amit Shah's 3 day trip to TN that was to begin on Tuesday was cancelled on Monday , the
		second time in less than four months that the BJP president has put off his visit to the state
To feel u	nde	er the weather
Meaning	:	To not feel well
Example	:	I'm really feeling under the weather today; I have a terrible cold and fever
Eked out		
Meaning	:	To make (a supply) last, to add to (something insufficient), esp with effort
Example	:	GM Harika eked out a draw against GM Stupak Kirill from Belarus Many workers can
		only eke out their redundancy money for about 10 weeks.
Signed of	ff	
Meaning	:	To announce the end of a communication; conclude.
Example	:	Vishwanathan Anand signed off with a loss, that resulted in Sergey Karjakin's lone
		victory, and finished tied eighth with Garry Kasparov
Bring up	the	erear
		To move along behind everyone else; to be at the end of the line.
-		Having brought up the rear in the 10 player event, Anand and Kasparov will be keen to
•		gain ground when the action shifts to 18 round blitz.
Gain gro	un	
Meaning	:	To become more successful, popular, or accepted
Example	:	
·		gain ground when the action shifts to 18 round blitz. Languages
Put up a l	bra	
Meaning	:	To act confidently in a difficult situation
Example		When the National Anthem played, Rashmi Rathore put up a brave front. she'd
		just received the mixed doubles skeet gold medal with Mairaj Ahmed Khan in the Asian
		shotgun shooting championship at Astana, Kazakhstan.
Pent-up		
Meaning	:	Unable to be expressed or released, closely confined or held back.
Example	:	Ceremony over, she deserted the podium, heading for the closest corner. Pent-up grief
		gave way to a torrent of tears.
Tie up (th	ne)	loose ends
Meaning	:	To deal with the last few things that have to be done before you can finish something
Example	:	We've just got a few loose ends to tie up and then the report will be ready.

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Shore up)	
Meaning	:	To support or help
Example	:	$NPA\ resolution\ would\ necessitate\ a\ higher\ recapitalization\ of\ these\ banks\ ``MR.PATEL$
		said "the government and the RBI are in dialogue to prepare a set of measures to enable
		state-run banks to shore up the requisite capital in a time-bound
Run out		
Meaning	:	Be used up.
Example	:	Just a year after Rio hosted the Olympics, its crime rate has spiralled out of control, and its
		top politicians have landed in jail cells for corruption
Spilled o	ve	r
Meaning	:	Reach a point at which it can no longer be controlled or contained, to spread to other
		areas
Example	:	Rio's poor have been bearing the brunt of gang wars for decades. But in the year since the
		2016 Games, robberies, murders, kidnappings and gun battles have spilled over onto the
		streets.
Cut dow	n	
Meaning	:	Reduce, do less of something bad
Example	:	The troops may stay over till 2018 if their guns fail to cut down the surging violence
Playing	out	
Meaning	:	Happen, take place, develop in a particular way
Example	:	As the world is hooked on the Game of Thrones season seven, Pakistan continues to
		experience its own power games, which have been playing out, in one way or the other,
		since the early 1950s.
To take o	off	
Meaning	:	To embark on rapid activity, development, or growth, to begin
Example	:	The Higher Education Financing Agency (HEFA) is set to take off soon, with the Ministry
		of Human Resource Development (MHRD) asking Centrally funded higher education
		institutions to send their project proposals to be financed by the agency
Close on	th	
Meaning	:	Happening soon after another event, following close behind someone or something
Example	:	Her remarks came hard on the heels of a statement by the President.
Chalk ou	t	
Meaning	:	To explain something carefully to someone, as if one were talking about a chalk drawing.
Example	:	Directing status quo in the matter till August 22, which is also the next date of hearing, the
		apex court ordered the Medical Council of India (MCI) and the State government to chalk
		out a balancing plan, one by which both students who have got through NEET and rural
		students ill-equipped for NEET can be "adjusted" in the medical admission list.

Mow someone or something down

- **Meaning** : To violently cause someone or something to fall.
- **Example** : The car skidded along the side of the road and mowed down several mailboxes before coming to a stop

Plough into someone/something

- **Meaning** : To crash into someone or something with force, especially because you are moving or driving too quickly or in a careless or uncontrolled way
- **Example** : On Thursday afternoon, Oukabir and his associates drove a van along Barcelona's crowded Las Ramblas thoroughfare, ploughing into tourists leaving 13 dead and more than 100 injured.

Wearing off

- **Meaning** : lose effectiveness or intensity.
- **Example** : With the impact of the slowdown on the city's residential market wearing off, inventory levels are now gradually decreasing

Have/take a crack at something

- **Meaning** : To try something
- **Example** : He didn't win the tennis championships, but he plans to have another crack at it next year. I would love to have another crack at the pro game, says Staffordshire's, Sam Kelsall

Brushed aside

- Meaning : To refuse to accept that something is important or true
- **Example** : PCB has announced that it would serve Umar Akmal with a show cause notice even as head coach Mickey Arthur brushed aside the allegations leveled against him by the middle order batsman.

Knockout

- Meaning : Defeat
- **Example** : Conor Mc Gregor believes he will knock out Floyd Mayweather inside two rounds but is ready for all scenarios when the two fighters clash in their eagerly anticipated superfight next week.

Picked up

- Meaning : Become better; improve, to come down with
- **Example** : Tests carried out on Thursday morning confirm that the Uruguayan has a distension in the posterior articular capsule in his right knew picked up in the second half of the Clasico in the Santiago Bernabeu

Ruled out

- Meaning : To prevent, disqualify, overrule, or cancel someone or something
- **Example** : Juventus on Thursday ruled key defender Giorgio Chiellini out of the Champions League final against Barcelona after he suffered a muscle tear in training

Hit the right note

	0	
Meaning Example	:	If something you say or do hits the right note, it is suitable and has a good effect It was an optional session where Dhoni, Kedar Jadhav, Manish Pandey, Shardul Thakur, Yuzvendra Chahal and Jasprit Bumrah looked like hitting the right notes ahead of what will be the start of a long limited-over engagement for the Men in Blue.
Fend off		
Meaning	:	Prevent the occurrence of; prevent from happening;
Example	:	The spotlight, though, was on the 36-year-old Dhoni, who now has to fend off questions about his future with alarming regularity.
Pale shad	dov	V
Meaning	:	Less impressive or not as good as before or when compared with someone or something similar
Example	•	Yet, there is no denying that the former skipper has looked a pale shadow of his past glorious self on many occasions, the last of which was in the West Indies recently, when he scored a painful 54 off 114 in the fourth ODI at Antigua, again as India lost the game by 11 runs.
Dig in		
Meaning	:	To prepare yourself for a difficult situation
Example	:	Both sides are digging in for a long and bitter dispute.
To burst	the	bubble
Meaning	:	To disabuse someone of a false notion or rationalization that has grown comfortable
Example	:	Daniel Craig's comments came just hours after he told a radio station; I'd hate to burst the bubble, but no decision has been made at the moment
On the ru	JN	
Meaning	:	Trying to avoid being captured
Example	:	A third woman came forward on Tuesday to accuse Roman Polanski of sexual assault when she was a minor, four decades after he went on the run for raping another girl
Put on ai	rs	
Meaning	:	Pretend to be better than one is
Example	:	He didn't have to put on airs. He was the nicest guy.
A bolt ou	t o	f the blue.
Meaning	:	A sudden unexpected event
Example	:	Bill's dropping his life insurance was a bolt from the blue for his wife
Don't loo	ok a	a gift horse in the mouth
Meaning	:	Don't be ungrateful when you receive a gift
Example	:	I know the car is not in great condition, but you shouldn't look a gift horse in the mouth.
Shoots u	р	
Meaning	:	To increase very quickly in size or amount
Example	:	Some athletes are suspected of shooting up steroids to improve their strength.

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Wrapped up

Meaning	:	Involved with someone or something
Example	:	She is all wrapped up with her husband and his problems
Keep's h	is n	erves/ holds his nerves
Meaning	:	You remain calm and determined in a difficult situation
Example	:	Justin Thomas keeps his nerve, wins PGA championship
Has an e	dge	2
Meaning	:	To have an advantage, enjoy a superior or winning position
Example	:	The new Renault has the edge on other similar models - it's larger and cheaper.
Set down	า	
Meaning	:	To consider something in a particular way, o write something on a piece of paper so that it will not be forgotten and can be looked at later
Example	:	It's often a lot of work to set your thoughts down on paper.
In the pi		
•		Very healthy
Example	:	He recovered completely from his surgery and has been in the pink ever since
Pulled up	р	
Meaning	:	Come to a halt. increase the altitude
Example	:	A van pulled up outside the cottage with six men inside
To be on	clo	oud nine
Meaning	:	To be extremely happy
Example	:	Was Helen pleased about getting that job?" "Pleased? She was on cloud nine!
To run h	ot	
Meaning	:	Be ahead of one's shcedule
Example	:	Sundar is running hot in his cricket career
Roar to l	ife	
		To begin working
Example	:	He puts his foot on the accelerator and the innings roars to life
Sketcheo	dοι	ıt
Meaning	:	To give a short description of something, containing few details:
Example	:	In his shortest Independence Day address yet, Prime Minister Narendra Modi on Tuesday
		sketched out the broad contours of his idea of a "New India" as one that was free of
		communalism, casteism, terrorism, corruption, and nepotism, and also one that would require citizens to do their bit to create it
Blacked	out	
Meaning	:	To suppress by censorship
Example	:	The CPI(M) said on Tuesday that Tripura Chief Minister Manik Sarkar's Independence
		Day speech was blacked out by Doordarshan and All India Radio

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Trampling on Meaning : To crush someone or something underfoot, To tread heavily or destructively on something : The children trampled on the flowers Example **Give up** Meaning : To stop doing something that you do regularly Example The Union home ministry is set to give up its power to impose the 'disturbed : areas' tag on Assam and Manipur, both ruled by BJP **Trickle in** : To come into something or a place, a few at a time Meaning Example More people trickled in, almost all of them in their sixties and seventies. Bulbul Sen, a retired school teacher and joint secretary of the Samity, said without the government's support, the house languished in obscurity. **Ring in** Meaning : (Ring in something), to ring bells to celebrate something, especially the new year : Janamastmi was rung in with religious fervor in Maharastra on Tuesday. Example To fan the flames Meaning : Make something more intense; to make a situation worse : The riot fanned the flames of racial hatred even more. Example Cruise around in something : To drive or ride around in something Meaning Example : Would you like to cruise around in a car like that? **Chips in** Meaning : To add something to someone else's conversation, To contribute to something being undertaken by a group, such as a task or collection : Athisyaraj chips in with a four wicket haul as the side eases past super gillies Example Tighten the screwsemier Institute for Foreign Languages Meaning : Exert strong pressure on someone. Example : Washington contained and struck to tighten the screws on the Super Gillies' batting and then waded into the attack for the guickest half century in TNPL Set the tone Meaning : To establish a particular mood or character for something Example : The lanky Wahington's Blitzkrieg shut out the opposition. To the super gillie's attack, he must have seemed a force of nature. Washington blasted paceman for three successive sixes in the opening over to set the tone – an imperious hit over the off side field the best among them Shut out Meaning To not allow someone to enter a particular place, if you shut something out, you stop : yourself from seeing it, hearing it, or thinking about it

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Example : The lanky Wahington's Blitzkrieg shut out the opposition. To the super gillie's attack, he must have seemed a force of nature. Washington blasted paceman for three successive sixes in the opening over to set the tone – an imperious hit over the off side field the best among them

Racked up

- Meaning : To get a large number or amount of something
- **Example** : Mr. Trump deleted his retweet on Tuesday after about five minutes, but not before the message sent to his 35 million followers racked up a big response.

A penny for your thoughts

- Meaning : A way of asking what someone is thinking
- **Example** : For several minutes they sat silently, then finally she looked at him and said, "A penny for your thoughts, Walter"

To keep one's head above water

- Meaning : Avoid succumbing to difficulties, typically debt.
- **Example** : The business is in trouble, but we are just about keeping our heads above water.

To cut the crackle

- Meaning : To stop talking and start
- **Example** : The politicians in India needs to cut the crackle for the benefit of the masses.

A clarion call

- Meaning : A strong and clear request for people to do something
- **Example** : In 1942, the clarion call was 'Karenge ya marenge '(Do or Die) today it is 'Karenge aur kar ke rahenge '(We will do and accomplish). These five years are about Sankalp se siddhi (commitment to fulfilment), "Modi said

Against the odds

- Meaning : Despite many difficulties
- **Example** : Congress president Sonia Gandhi's political secretary Ahmed Patel may have won a highstakes Rajya Sabha battle against great odds, but the mystery about the one extra vote that proved decisive for him still remains amid claims and counterclaims and speculation.

Pitched against someone

- Meaning : To make someone fight or compete against someone else
- **Example** : Mr. Patel received a total of 44 votes to win the prestigious fight that saw him pitched against BJP's Amit Shah, known for his election and political strategies.

Teeming down

- **Meaning** : To rain very heavily
- **Example** : It's been teeming down all day.

Send someone to glory

- Meaning : To kill someone, to officiate at the burial services for someone
- **Example** : The preacher sent him to glory amidst the sobs of six or seven former fans.

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Run into		
Meaning	:	
Example	:	Fourth seed Sindhu could face Hong Kong's Ngan Yi Cheung, seeded 13, for a place in
		the quarterfinals where she could run into fifth seed Sun Yu.
Tees off		
Meaning	:	
Fuenania		something, (to tee someone off)
Example	:	Jordan Spieth and Rory McIlroy make their bids for golfing history when the 99th PGA Championship tees off Thursday at Quail Hollow with heavy rain and storms forecast.
Bow out		
Meaning	:	To leave a job or stop doing an activity, usually after a long time:
Example	:	With this win, super Gilies qualified for the knock outs, while tricky warriors bowed out
		of tournament
Claw bac	:k	
Meaning	:	To get something again that you had lost such as power, especially gradually and with
		difficulty
Example	:	Schwartzman claws back from the brink
Tune up		
Meaning	:	To prepare for something
Example	:	Croatia's Vekic powered to a 6-3, 6-4 victory, to the disappointment of a partisan crowd
		whose support couldn't lift Bouchard. She was broken six times by Vekic, 21, who is in
		the main draw of this US Open tune-up for the first time.
Shoot off	f	
Meaning	:	To write and send a message quickly
Example	:	My daughter will shoot off an e-mail before she'll sit down and write a letter.
At the ele	eve	enth hour mier Institute for Foreign Languages
Meaning	:	
Example	:	Millions of companies in India are still not ready to file their first returns under the new
		Goods and Services Tax (GST) ahead of an Aug. 20 deadline, a top official told Reuters,
		urging them not to leave things to the eleventh hour
Crunch u	ıp	
Meaning	:	To break someone or something up into piece
Example	:	Yet he gave an assurance that the huge IT back end that is designed to crunch up to 3
-		billion invoices a month and calculate companies' taxes would be stable, even if there is a
		last-minute rush to file.
A chip of	f tl	he old block
Meaning	:	
Example	:	

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To throw up the sponge/throw in the towel

- Meaning : To stop trying to do something because you know that you cannot succeed
- **Example** : Three of the original five candidates have now thrown in the towel.

Cry down

- Meaning : To belittle; disparage, to silence by making a greater noise
- **Example** : Men of dissolute lives cry down religion because they would not be under the restraints

Take on

- Meaning : Become very upset, fight against someone
- **Example** : After a delay in counting, the Election commission announced the names of the winners, while the fourth candidate Balwantsinh Rajput of the BJP, who resigned as Congress leader to take on Mr.patel lost the contest that became a tightrope walk for Congress president Sonia Gandhi

Tightrope walk

- Meaning : To be in a situation where one must be very cautious.
- **Example** : After a delay in counting, the Election commission announced the names of the winners, while the fourth candidate Balwantsinh Rajput of the BJP, who resigned as Congress leader to take on Mr.patel lost the contest that became a tightrope walk for Congress president Sonia Gandhi

Passed himself off

- Meaning : Pretend to be
- **Example** : He passed himself off as a great and rich man

Spick and span

- Meaning : Neat, clean, and well looked after.
- **Example** : She keeps her house spick and span

To take the call on

- Meaning : Make a decision or a judgment of Foreign Languages
- **Example** : The supreme court Bench denied any relief to petitioner and advocate, saying that it was for the government to take the call on such issues.

Ramp up

- Meaning : To increase the amount or size of something
- **Example** : The maker of iconic products like the iPhone and the Mac is looking at a multi pronged strategy to ramp up its presence in one of the fastest growing markets in the world.

Scaling up

- Meaning : To make something larger in size, amount etc than it used to be
- **Example** : This includes scaling up its manufacturing, developing localized features on its OS, setting up self-owned retail outlets and creating an ecosystem for developers to shift from android to the ios platform

Narrowing down

- Meaning : To reduce the number of possibilities or choices
- **Example** : In this case, for the first time, we were able to identify some key papers and documents. we also spoke to the banks, gathered CCTV footage and collected bank officials statements before narrowing down on the person

Roped in

- Meaning : To persuade to take part in some activity or to trick or entice into some activity
- **Example** : Despite the smashing success of the show elsewhere, and actor Kamal Haasan being roped in, there were doubts over whether a show that depends on surveillance and an intrusion on privacy would work in Tamil.

Notched up

- Meaning : To win something, or to achieve somethingExample : Jones, who notched up 3631 runs in 52 Tests at 46.55, said "A couple of law firms
 - approached me later for suing Cricket Australia for 'dismissal from service.

Held off

- **Meaning** : To stop an opponent from starting to win or lead
- **Example** : In a fantastic race that erupted on the final lap, Kipyegon held off all-comers, including double-hunting Semenya, down the home straight to clock 4min 02.59sec.

Bear the brunt of

- Meaning : To receive the worst part of something unpleasant or harmful, such as an attack
- **Example** : Young people are bearing the brunt of unemployment

Hush up

Meaning : To keep something a secret; to try to stop a rumour from spreading. Example: Centre attempting to hush up incident, alleges Congress There was some financial scandal involving one of the ministers but it was all hushed up.

To keep its flock together r Institute for Foreign Languages

- Meaning : To gather together in great numbers.
- **Example** : Gujarat MLAs , who were flown to Bengaluru 10 days ago s part of the party's desperate move to keep its flock together amid several defections .returned to Gujarat only to be taken to another resort in Anand, 70 km from Ahmedabad

In the dock

- Meaning : On trial or under intense scrutiny.
- **Example** : Under attack fro diluting the case of alleged stalking and attempted kidnap of a young woman on Friday night by Vikas Barala, son of the Haryana state BJP president Subahsh barala and his Ashish, the Chandigarh police on Monday fount itself again in the dock after it was reported that CCTV footage from at least five locations was missing as the cameras were non-functional.

Hover over

- **Meaning** : To stay close to someone or something, waiting, ready to advise or interfere.
- **Example** : Please don't hover over me, watching what I am doing. I have to hover over this project or someone will mess it up.

Brought up

- Meaning : To start discussing a subject
- **Example** : Mr. Sonowal brought up the idea when he called on the president on Saturday.

Call on someone

- Meaning : To visit someone, usually for a short time,
- **Example** : Mr. Sonowal brought up the idea when he called on the president on Saturday

Beat someone down

- Meaning : To defeat or demoralize someone.
- **Example** : Samir Singh got to within 36 km of his goal of running 10000km l n100 days when pain and exhaustion beat him down

Keep/ have your tail up

- Meaning : If someone has their tail up, they are optimistic and expect to be successful.
- **Example** : The Indian team keeps their tail up for the upcoming match

Boxed into a corner

- **Meaning** : To create a predicament or unpleasant situation for oneself whereby there are no or very few favourable solutions or outcomes
- **Example** : This is not the first time that Jadeja has found himself boxed into a corner.

Map out

- **Meaning** : To decide in detail how something will be done
- **Example** : He was plagued by Gstro-intestinal infections and contracted viral fever but has run 9964.19 kms in 100 days , said Vikram Bhatti , who handled Mr.Singhs' campaign, Mr.singh wants to rest and map out a new challenge this time over 40000kms

Closing ranks

- **Meaning** : To join with someone in a cause, or agreement.
- **Example** : Jordan's king Abdullah visited the west bank on Monday a signal to Israel that he is closing ranks with the Palestinians on key issues .

Whisked away

- Meaning : To escort, conduct, or carry someone or something swiftly and quietly away
- **Example** : The bodyguards whisked away the politician after the speech.

Spot on

- Meaning : Exactly right; perfectly accurate
- **Example** : Drag flick specialist Diwakar Ram, who had put up a sterling show throughout the tournament was spot on in the final too

Play / cry / sing hearts out

- **Meaning** : To do something with vigour or intensity.
- **Example** : Both teams played their hearts out in an entertaining contest

With tail between legs

- Meaning : Appearing frightened or cowardly
- **Example** : The frightened dog ran away with its tail between its legs when the bigger dog growled.

In the thick of things

- Meaning : To be very involved at the busiest or most active stage of a situation or activity
- **Example** : A fierce debate ensued and he found himself in the thick of it.

Taste of your own medicine

- **Meaning** : You do something bad to someone that they have done to you to teach them a lesson.
- **Example** : John, who is often rude and abrupt with people, was devastated when the teacher treated him rudely. He doesn't like having a dose of his own medicine.

A fair crack of the whip

- Meaning : An equal chance to do something
- **Example** : In India all the students should be given a fair crack of the whip.

To pay off old scores

- Meaning : Have his revenge
- **Example** : From his attitude it is cl, ar that he wants to pay off old scores

Cutting loose

- **Meaning** : To behave in an uncontrolled, wild way
- **Example** : Don't be too hard on them they're just kids and they need to cut loose sometimes.

Wiped out

- Meaning : To kill someone, a decisive defeat, to clean completely by wiping:
- **Example** : Malawi on Thursday celebrated successful conclusion of a two year project moving 520 sedated elephants by truck to a reserve where the animals had been nearly wiped out They wiped him out to keep him from testifying.

Calls off

- Meaning : To decide that something will not happen, cancel
- **Example** : Following appeals by film-makers and producers, the Film Employees Federation of South India (FEFSI) on Thursday called off its strike

Boss someone around

- Meaning : To tell one what to do
- **Example** : Stop bossing me around. I'm not your employee. Captain Smith bosses around the whole crew. That's his job

Run up

Meaning : To raise or hoist something, such as a flag, to cause something to go higher, such as the price of stocks or commodities

Example	:	Example : In the Run up to the implementation of GST , we did expect many challenges including an impact on trade pipeline inventory
To live in	cl	over
Meaning	:	Meaning : having good fortune; in a very good situation, especially financially
Example		If I get this contract, I'll be in clover for the rest of my life.
To be in t	wo	ominds
Meaning	:	To be unable to decide about something:
•		I'm in two minds about accepting the job
To talk sh	op	
Meaning		To talk about work when not working
Example		Two New York Yankee pitchers will be there to sign autographs and talk shop with fans.
To make	the	egrade
Meaning		To be satisfactory; to be what is expected.
Example		He wanted to get into medical school but he failed to make the grade.
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Meaning	:	To find mistakes in something someone has done or said, to show that it is not good or not
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Meaning	:	to be satisfactory; to be what is expected.
Example	:	He wanted to get into medical school but he failed to make the grade.
Picking I	hol	es
Meaning	:	To find mistakes in something someone has done or said, to show that it is not good or not correct
Example	:	He is always picking holes in every project
Buck the	900	ds
Meaning	:	To buck the odds means to go against the odds. Despite the odds not being in your favour, you still won.
Example	:	Given the manner she has been bucking the odds, nothing seems impossible for the brave Jyotika far far away from the glitz-laden metros.
Break th	roı	ugh
Meaning	:	If you break through, you achieve success even though there are difficulties and obstacles.
Example	:	Indeed , the shy Jyothika has a heart larger than her small frame. Given her background
7		and modest means, she has been breaking through barriers.
Zero in o		
Meaning	:	To direct all your attention to one thing , If you zero in a weapon, you aim it directly at something you want to hit:
Example	:	'This was not the first time . he had come to meet his wife on two occasions earlier, and he
		followed the same pattern and time .It was easy for the police to zero in on him.' Said the official.
Holed up	р	
Meaning	:	To take shelter somewhere, to hide somewhere.
Example	:	Soldiers seen at the house at Hakripora in Pluwara district , where the militants were
		holed up, on Tuesday. The robbers were holed up in a deserted warehouse.
Live som	ietł	hing down
Meaning	:	To make people forget that you made a big mistake or did something very embarrassing in the past:
Example	:	Having mishandled NEET is one failure that the Tamilnadu government will struggle to live down

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Music to the ears

- Meaning : A welcome sound to someone; news that someone is pleased to hear
- Example : The winter session of 2016 hit a low point of 16%. It is shameful. Taxation bills, as significant as Aadhaar, were passed within two weeks without being referred toa commitmee' he said. The reference to the 'hurried' passage of Aadhaar, however, may not be music to the government's ears.

Lavish something on someone

- **Meaning** : To give someone a lot, or too much, of something such as money, presents, or attention:
- **Example** : MR.Trump lavished praise on Gen.Kelly after he was sworn in , but that may not necessarily guarantee anything in the long term.

Wound up

- Meaning : Brought to a state of great tension
- **Example** : A former India captain, who served the squad as its team director just a year bach, Shastri steps into the shoes of Anil kumble, whose manner of exit showed the BCCI and Skipper Virat Kohli in poor light. Shastri spoke to the media at the Sinhalese sports club on Tuesday and just as he wound up, it was time for him to bond with Sri lankan's eternal fan.

Step into someone's shoes

- Meaning : To take on a particular role or task that someone else has been doing
- **Example** : A former India captain , who served the squad as its team director just a year bach , Shastri steps into the shoes of Anil kumble , whose manner of exit showed the BCCI and Skipper Virat Kohli in poor light .Shastri spoke to the media at the Sinhalese sports club on Tuesday and just as he wound up, it was time for him to bond with Sri lankan's eternal fan.

Served up

- Meaning : To offer something
- **Example** : Serena Williams served up a rallying cry for equal pay for black women, decrying that they would have to work on average eight months longer to earn the same as male counterparts in one year

Chip on one's shoulder

- **Meaning** : An angry attitude from someone who feels unfairly treated:
- **Example** : She's not going to make any friends if she walks around with a chip on her shoulder like that.

Call The Shots (Or Tune)

- Meaning : To be in command; to have the authority to make decisions
- **Example** : The boss is the boss and he calls the shots. Petroleum will call the shots again.

Steal The Show

- **Meaning** : Attracts the most attention and praise.
- **Example** : Falcons TTC'S Wu Yang, who stole the show on the final night of the inaugural Ultimate Table tennis league on Sunday, walked away with the biggest individual purse of Rs.1.5

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lakh after being named the 'Ultimate One' besides winning Rs.1lakh for being the most valuable player among women.

Walked Away (With Something)

- Meaning : To win a prize or competition very easily
- **Example** : Falcons TTC'S Wu Yang, who stole the show on the final night of the inaugural Ultimate Table tennis league on Sunday, walked away with the biggest individual purse of Rs.1.5 lakh after being named the 'Ultimate One' besides winning Rs.1lakh for being the most valuable player among women.

Walk All Over Someone

- Meaning : To treat someone badly by always making them do what you want them to do
- **Example** : If you don't want to work at the weekend, say so don't let the boss walk all over you.

Make The Cut

- Meaning : To survive an elimination when a team or group is being chosen
- **Example** : By his own admission, Jeev Mikha Singh has not had a great 2017, h e has made the cut only four times from 13 appearances on the Asian and European Tours, his best finish a tied 22nd at the jointly-sanctioned ISPS Handa World Super 6 in Perth in February.

Bring / Ring The Curtain Down

- Meaning : To bring something to an end; to declare something to be at an end
- **Example** : Caeleb Dressel brought the curtain down on the World championships with a historic seventh medal here on Sunday, equaling the record of swim legend Michael Phelps.

Make A Splash

- Meaning : To get a lot of public attention
- **Example** : Now she's made a splash in the American television show 'Civil Wars'.

Spruced Up

- Meaning : To improve the appearance of someone or something, Make neat and trim,
- **Example** : The Karnataka Golf Association has undergone much work to be ready for this week's TAKE SOLUTIONS MASTERS, the first Asian Tour event at the venue since the Indian open in 2012. 'KGA has always been good, but for this event, we've really spruced it up '' He said.

Shunted Out

- **Meaning** : To move (someone or something) to a different and usually less important or noticeable place or position.
- **Example** : Daniel Ricciardo blasted Red Bull teammate Max Verstappen for 'amateur' diving on Sunday after the Dutch teenager shunted him out of the Hungarian GP on the opening lap.

Taking Its Toll

- Meaning : To cause harm or suffering
- **Example** : A little more than a year after the alleged Russian effort to interfere in the US. Presidential

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election came to light, the diplomatic fallout – an unravelling of the relationship between the Moscow and Wahington o na scale not seen in decades – is taking its toll

Mended His Ways

- Meaning : To improve your behaviour after you have been behaving badly for a long time
- **Example** : Appearing before a Bench led by Justice Dipak Mishra, Attorney General K.K.Venugopal highlighted that Mr.khan had not mended his ways even after rendering an apology to the supreme court and was recently booked for sedition for allegedly making statements against the army.

Back to drawing board

- Meaning : Revising something (such as a plan) from the beginning, typically after it has failed
- **Example** : Having triggered an avalanche of litigation across the country, the prevention of Cruelty to animal (regulation of livestock market) rules of 2017, which ban the sale of cattle in livestock markets for the purpose of slaughter or animal sacrifice, is now back to the drawing board.

Lash out

- **Meaning** : To suddenly attack someone or something physically or criticize him, her, or it in an angry way
- **Example** : After the incident, Mr.Gandhi lashed out on twitter at the BJP govt. in the state and at the centre, saying he would not be deterred by stones or black flags.

Ratcheting up

- Meaning : To cause something to increase in increments
- **Example** : Ratcheting up the political temperature, TTV Dhinakaran, deputy general secretary of the All India Anna Dravida Munnetra Kazhagam (amma), announced his plan to tour the state and appointed 64 persons to various positions n the party.

Hunt down

- Meaning : To try to find a particular thing or person
- **Example** : The summer postcard campaign by the European policy agency, Europol, was unveiled on Friday on its EU most wanted website as part of its ongoing initiative to hunt down Europe's most wanted criminals.

On the run

- **Meaning** : If someone is on the run, they are trying to escape or hide from someone such as the police or an enemy
- **Example** : Online initiative by Europol helps people check profile of 21 criminals on the run

Hang up

- **Meaning** : To disconnect a phone call, o give up on someone or something; to quit dealing with someone or something.
- **Example** : Usain Bolt insists he will hang up his running spike after the world championships in London.

Stack up (against something)

Meaning	:	To compare with something else, To make sense; add up
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: We wondered how London restaurants stacked up against Atlanta's. The story he gave the Example police was full of contradictions—it just didn't stack up.

Raise the bar

- Meaning : To make a task a little more difficult, To raise the standards of quality that are expected of or required for something
- : Now free and confident Anna after winning maiden Asian 400 m gold at Bhubaneshwar, Example Ana could raise the bar in London

Playing second fiddle to someone

Meaning : To play a supporting or minor role in relation to son	neone else
---	------------

Example : He also denied that he had tired out of playing second fiddle to Lionel Messi at Barcelona.

Miss the cut

- Meaning : (Golf) to achieve a greater score after the first two rounds of a strokeplay tournament than that required to play in the remaining two rounds
- Example : He arrives here after having missed the cut at the Irish and scottish opens, but then he was in similarly wretched form before thesecured the Indian open in March

Rule out

- Meaning : To stop considering something as a possibility
- Example : Mr. Tillerson did not rule out a military strike against North Korea in remarks that were overall not strident at the state department

Cut to the size

- Meaning : To make someone or something less important or detailed
- : Has Digvijaya Singh been cut to size? Example

- Scrape through Premier Institute for Foreign : To move through something, scraping or rubbing the sides, to get by something just Meaning barely; to pass a test just barely.
- : The car, going at a very high speed, scraped through the tunnel. It just managed to scrape Example through Alice passed the test, but she just scraped through it. I just scraped through my calculus test.

Knock on the door of

- Meaning : To be very close to achieving
- Example : The Income – tax raids on the premises of Energy Minister D.K.Shivakumar and his close aides have sent shock waves among leaders of the ruling congress in Karnataka, with apprehensions of taxmen soon knocking on their doors.

Pulled out

Meaning : Withdraw from an undertaking.

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Example	:	While the Jaiprakash Associates led consortium, including IBM and Israel's tower semiconductor, had pulled out in March last year, things were not moving ahead for the consortium led by HSMC Technologies, according to the sources
On a knit	fe's	edge
Meaning	:	If a person or organization is on a knife-edge, they are in a difficult situation and are worried about what will happen in the future
Example	:	She's been living on a knife-edge since her ex-husband was released from prison last month. The theatre is on a financial knife-edge and must sell 75% of its seats every night to survive.
Hinged o	on	
Meaning	:	To depend on someone or something; to depend on what someone or something does
Example	:	The Monetary Policy Committee's majority decision hinged on the observation that some "upside risks to inflation have either reduced or not materialized "
Roll out		
Meaning	:	To offer a new product or service to the public
Example	:	Driving down India's national highways could be a much safer experience by the end of this year, with the National Highways Authority of India (NHAI) set to roll out an 'incident
		management system'.
Shot bac	k	
Meaning	:	Return quickly
Example	:	The Congress shot back with Mr. Gandhi suggesting that the Chief Minister should resign for the controversial deaths of the children in the hospital.
Slipped b	oac	KCIACCEC DVT ITD
Meaning	:	To move quietly and cautiously back to someone or something
Example	:	Lieutenant Governor (L-G) Kiran Bedi on Friday slipped back into her erstwhile role of a cop by riding pillion with her staff on a midnight motorbike inspection of the streets of Puducherry.
Under fi	re	
Meaning	:	Being criticized
Example	:	Under fire for the deaths of more than 100 children in the BRD Medical College hospital,
		Mr. Adityanath launched a week-long cleanliness drive in UP — Swachh Uttar Pradesh, Swaasth Uttar Pradesh
Fired up		
Meaning	:	To motivate someone; to make someone enthusiastic
Example	:	I was so fired up with a nationalistic fervour that I whipped out my smartphone and took a video of myself taking the 'Sankalp se Siddhi' (achievement through resolve) pledge.

Whipped out				
Meaning	:	To make or produce something quickly		
Example	:	I was so fired up with a nationalistic fervour that I whipped out my smartphone and took a		
		video of myself taking the 'Sankalp se Siddhi' (achievement through resolve) pledge.		
Showed u	ıр			
Meaning	:	To cause or allow to be seen; display		
Example	:	The inexperience of two young Gujarat players Udit Kamdar and Fenil Shah showed up at		
		inopportune times and allowed the Grandmaster duo of Swapnil Dhopade and		
		Himanshu Sharma escape to hard-earned victories in the ninth round of the National		
		Challengers chess championship here on Saturday.		
Lays down				
Meaning	:	To state officially what someone must do or how they must do it, to give up, establish		
Example		The EU has laid down tough standards for water quality		
Tumbled	ou	it		
Meaning	:	To fall, topple, or drop out of something, arise		
Example	:	Akash Saharan tumbled out first in the trap final in the Junior shotgun World Cup here on		
		Friday. He qualified for the final with the score of 114		
Wriggle o	out			
Meaning	:	To free oneself from something by turning or twisting the body with sinuous writhing motions		
Example	:	With 13 points, Chaudhari was the best raider in action and his ability to wriggle out of		
		tough situations played a big role in his team's victory		
Squares o	ff			
Meaning	:	To get ready for an argument or a fight		
Example	:	The Tests clinched without much of a strain, India will begin the journey to identify the		
		core of its 2019 World Cup squad when it squares off against a low-on-confidence Sri		
		Lanka in a five-match ODI series, starting here on Sunday		
Peg back				
Meaning	:	To prevent an opponent from winning in a game or competition		
Example	:	The underdogs were pegged back by United after that had taken a shock lead.		
Blessing i	n c	lisguise		
Meaning	:	An apparent misfortune that eventually has good results.		
Example	:	Losing that job was a blessing in disguise really.		
Draw leve	el			
Meaning	:	To move into a position where you are equal to someone else in a race, game, or		
		competition		
Example	:	Bronze in the 400m proved to be a bittersweet consolation for US track legend Allyson		
		Felix as she drew level with Jamaicans Merlene Ottey and Usain Bolt on having won 14 World Championships medals.		

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Stroll through

Meaning Example	:	To walk casually through something or some place Federer, Nadal stroll through Let's stroll through a few shops and see what the prices are like here.
Crashed t	hr	ough
Meaning		To break through something forcefully.
Example	:	Felix crashed through into bronze in Wednesday's 400m after Bahamas rival and race leader Shaunae Miller-Uibo faltered 20 metres from the finish line.
Edge out		
Meaning	:	To beat someone in something such as a competition or election by a small amount
Example	:	Earlier , Jaipur Pink Panthers edged out Puneri Paltan(pune)
Drew firs	t b	lood
Meaning	:	The initial advantage gained by one side in any game, contest or competition.
Example	:	Tamil Thalaivas drew first blood in the first minute as Prapanjan scored with a raid point
Wash out		
Meaning	:	To fail and be removed from something such as school, to rain on or flood an event so that
		it must be cancelled
Example	:	I studied all I could, but I still washed out.
Rip up		
Meaning	:	To tear something into small pieces, o decide that something such as a plan or an
		agreement is useless and stop using it
Example	:	Felix's unheralded team-mate Phyllis Francis ripped up the form book to claim a shock
		gold, with Bahrain's Salwa Eid Naser taking silver
Fit (or fill)	th	ebill ASSES PVT TT
Meaning	:	Be suitable for a particular purpose.
Example	:	It is never easy to step into the shoes of a genuine all-rounder like Kapil or exude the multi-
		faceted dimensions that were intrinsic to Dhoni but Kohli & Co. are hoping that Pandya will somehow fit the bill.
Hold off		
		To not do something immediately
Example		The 21-year-old former multi-eventer demonstrated all the strength he has acquired from
		competing as an all-rounder as he led from the first hurdle and was powerful enough to
		hold off his pursuers on the home straight to win in 48.35 seconds.
Step into so	me	eone's shoes
Meaning	:	Take someone's place
Example	:	It is never easy to step into the shoes of a genuine all-rounder like Kapil or exude the multi-
		faceted dimensions that were intrinsic to Dhoni but Kohli & Co. are hoping that Pandya
		will somehow fit the bill.

To pigeon hole

Meaning	:	To decide that someone or something belongs to a particular type or group, especially without knowing much about them
Example	:	Pandya is in an unenviable position, his role is
·		one into which previous managements tried to pigeon-hole Ajit Agarkar, Irfan Pathan and more recently Stuart Binny
Dished o	ut	
Meaning	:	To give something too freely and in large amounts, to give out trouble, scoldings, criticism
Example	:	The 23-year old from Gujarat, a certainty in India's limited-over squads, secured a berth in Tests during the current tour of Sri Lanka. At Galle and in Colombo, Pandya dished out quickfire knocks (50 and 20) and had bowling figures of 1/13, 0/21 and 2/31.
Bits and	nie	
Meaning	:	Small things of different types
Example	:	These are early days still but the numbers hint that Pandya could be more than a bits-and- pieces player, a species prevalent among Kapil's men who won the 1983 World Cup. To top it, Pandya is excellent in the outfield.
Saw off		
Meaning	:	Deadlock or stalemate, a compromise
Example	:	Anand accepted the offer, saw off the offensive and then pushed a queenside pawn to the seventh rank.
On the h	unt	
Meaning	:	Searching Example: The police are still on the hunt for the escaped convicts 263. On the hunt Meaning: searching
Example	:	The police are still on the hunt for the escaped convicts
Turn the	clo	ock back
Meaning	:	If you try to turn the clock back, you want things to be the way they were in the past.
Example	:	DMK working president M.K.Stalin warned on Sunday that his party would not hesitate to put an end to the AIADMK government, which, according to him, had turned the clock back years and destroyed administration and governance in TN.
Turns up	the	e heat
Meaning	:	To put pressure on someone or something; apply additional pressure to someone or something.
Example	:	Regulator turns up heat on erring Chartered accountants
Buried th	ne k	natchet
Meaning	:	End a quarrel or conflict and become friendly.
Example	:	AIADMK deputy general secretary T.T.v Dhinakaran , who recently buried the hatchet with his aunt and jailed party leader V.K. Sasikala's brother Divakaran, on Sunday announced that he would get back to active party work on August .

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Draw fla	k	
Meaning	:	To draw criticism
Example	:	A.P.J.M.Sheik Saleem , the grand nephew of Kalam , placed a copy of the Koran and the bible at the statue podium near the Bhagavad Gita on Sunday, only to draw flak from the HMK
Took on		
Meaning	:	To begin to perform or deal with
Example	:	Union Finance minister Arun Jaitely took on detractors of the GST on Sunday , saying the regime was an integral part of the government's efforts to mobilizemore fundss for the armed forces.
Flagged o	off	
Meaning	:	To inaugurate, to induct
Example	:	Earlier this month , the ministry of Housing flagged off a new index – the NHB Residex – designed to track housing price trends I n cities across India.
Shoot one'	s w	ad or bolt
Meaning	:	
Example	:	They were asking for more ideas but Bob had shot his bolt and couldn't come up with any
Hive off		
Meaning	:	
Example	:	An expression of interest from India's oldest private sector MRO service provider Air works, has come as a shot in the arm for the centre that is considering an option to split Air India's different businesses and hive them off separately.
To take a ca	all	
Meaning	:	Informal, not very common, way to say 'make a decision or a judgment
Example	:	Vivek Gour , MD and CEO , Air works, said 'I am watching the situation very carefully but it is too early to say anything because the government has to take a call on whether they will sell Air India as a whole or break up its subsidiaries and sell.'
To win la	ur	els
Meaning	:	To win honour
Example	:	The two, who have won many laurels for the country by winning medals in the Commonwealth, Asian and World championships, exhorted the students to focus on physical fitness.
Snuffed o	out	t
Meaning	:	To make something end quickly, especially by using force
Example	:	It was the government's most brutal attempt to snuff out the rebellion.
Knock ou	ıt	
Meaning	:	To make someone leave a competition by defeating them
Example	:	Denis Shapovalov makes his glee known after knocking out top seed Rafael Nadal.

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Crash out

- Meaning : To be badly defeated so that you have to leave a competition
- **Example** : Davinder Singh became the first Indian to qualify for the javelin final even as his more fancied compatriot Neeraj Chopra crashed out in the qualification round.

Lay in tatters

- Meaning : Damaged beyond repair
- **Example** : Wayde van Niekerk's dreams of emulating legend Michael Johnson's -m world double lay in

tatters on Thursday as Turkey's / outsider Ramil Guliyev edged the m final

Turn in

- Meaning : Hand in, submit
- **Example** : Ramil Guliyev turned the file in.

Sweat something out

- Meaning : To anxiously wait for something, to get rid of something in one's body by sweating.
- **Example** : With team selection imminent, Dhoni and Suresh Raina, who last played an ODI for India in October, sweated it out on Friday. Sent in my application and now I have to sweat out the two months until I get an answer.

Keep at bay

- Meaning : To prevent someone from moving closer
- **Example** : Refreshed with a day's rest thanks to the inclement weather, Virat Kohli reiterated that his men will keep complacence at bay while playing the third and final Test against Sri Lanka here from Saturday

Tone down

- Meaning : Altered so as to be less extreme or intense.
- **Example** : The ground is surrounded by cloud-enveloped mountains and acres of verdant green. The last-named shade was however toned down on the pitch with the ground-staff scrubbing away the grass.

Scrub away

- Meaning : To clean something away by rubbing.
- Example : The ground is surrounded by cloud-enveloped mountains and acres of verdant green. The last-named shade was however toned down on the pitch with the ground-staff scrubbing away the grass.

Wear and tear

- Meaning : Damage from work or use
- **Example** : The visitor's dominance has been overwhelming against a host that is still searching for the right combination and ideal performance while also resembling the walking-wounded, losing players to freak incidents on the ground or to regular wear-and-tear that affects athletes.

Tick all the boxes

- **Meaning** : To satisfy or fulfill everything that is necessary or desired.
- **Example** : Virat Kohli's men have ticked most of the boxes, be it runs or wickets, with the lone worry being a few butter-fingers in the close-in cordon.

Butter-fingers

- Meaning : Someone who is clumsy and often drops things or else fails to catch something
- **Example** : Virat Kohli's men have ticked most of the boxes, be it runs or wickets, with the lone worry being a few butter-fingers in the close-in cordon.

Lose ground

- Meaning : To fall behind someone or something, become less successful
- **Example** : Equity benchmark indices lost ground for the fifth consecutive day on friday as weak domestic corporate numbers along with global negativity on account of geopolitical tensions dampened investor sentiment

Stem the tide

- Meaning : To stop something from increasing
- **Example** : This law may stem the tide of pollution of our beautiful river from the factories built along its banks.

Burn your fingers

- **Meaning** : To have a bad experience when something such as a relationship or a business deal goes wrong
- **Example** : Many investors burned their fingers on those stocks.

Jump the gun

- Meaning : Act before the proper or appropriate time.
- **Example** : We all had to start the race again because Jane jumped the gun

Shot in the arm

- Meaning : A boost or act of encouragement. for Foreign Languages
- **Example** : Fresh investment would provide the shot in the arm that this industry so badly needs

Cast away

- Meaning : Wrecked
- **Example** : The boat was cast away by the storm

Worked up

- Meaning : Excited
- **Example** : He got worked up just by the mention of her name

To go at each other hammer and tongs

- **Meaning** : To do something or perform some task with tremendous fervor, determination, energy, or forcefulness., to do something, especially to argue, with a lot of energy or violence
- **Example** : What started as a minor disagreement has escalated into a heated argument, and the two have been going at it hammer and tongs ever since

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To hold a brief for

Mean Exam	-		Be retained as counsel for , to argue for Often counsel holding a brief for another does not read it in the confident expectation that the case would be postponed
A ma	ıre's	ne	st
Mean	-	:	A complex or confused situation; a muddle , an illusory discovery.
Exam	ple	:	The involvement of teachers in the scheme of education proves to be a mare's nest
Lay b	у		
Mean	ing	:	Save for future needs - We should lay by our natural resources.
Exam	ple	:	We should be wise and lay by a considerable amount
Make	e out		
Mean	ing	:	Prove, discover, decipher
Exam	ple	:	I cannot make out of this word I cannot make out the inscription on this wall
Off t	he he	ool	k
Mean	ing	:	No longer in difficulty or trouble
Exam	ple	:	Pinarayi vijaiyan off the hook in SNC- lavalin case (a Canadian company)
Com	e do	wn	hard on
Mean	ing	:	To criticize or punish severely
Exam	ple	:	They're coming down heavily on people for not paying their licence fees. Joe's parents
			came down hard on him when they learned he had been suspended from school
Jump	o the	gu	n
Mean	ing	:	Act before the proper or appropriate time.
Exam	ple	:	We all had to start the race again because Jane jumped the gun
Shot	in th	e a	
Mean	ing	:	A boost or act of encouragement.
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Mean	ing	:	Wrecked
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SPOKEN ENGLISH

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A mare's	ne	st
Meaning	:	A complex or confused situation; a muddle , an illusory discovery.
Example	:	The involvement of teachers in the scheme of education proves to be a mare's nest
Lay by		
Meaning	:	Save for future needs
Example	:	We should be wise and lay by a considerable amount
Doing the		
Meaning	:	To be passed from one person to another
Example	:	Since morning, the talk doing the rounds was that Mr. Panneerselvam would come out
		with a statement on the merger after Chief Minister Edappadi K. Palaniswami on Thursday
		announced the government's move to constitute a commission of inquiry, one of the two
		demands that the AIADMK (PTA) had been raising.
Put off		
Meaning	:	An evasive reply , to delay doing something, especially because you do not want to do it
Example	:	The "strong stand" taken by leaders, including former Minister K.P. Munusamy, was said
•		to have prompted Mr. Panneerselvam to put off a decision on the merger. Mr. Munusamy
		was not available for comment
Takes a b	eat	ting
Meaning		To be damaged because of performing badly or being criticized
Example		Vishal sikka quits as Infosys CEO, shares take a beating
Turn up/o		
Meaning	:	To use force to persuade someone to do something; to increase the pressure on someone
Ũ		to do something Institute for Foreign Languages
Example	:	Management is turning the heat up to increase production. The teacher really turned up
		the heat on the students by saying that everyone would be punished if the real culprit was
		not found.
Rip apart		
Meaning	:	To destroy something completely
Example	:	The nine judge bench of the supreme court on Thursday ripped apart its own judgment of
		upholding section of the Indian penal code , which criminalises consensual sexual acts of
		adults in private
Step dow	'n	
Meaning	:	Withdraw or resign from an important position or office
Example	:	R. Seshasayee, chairman of the board, along with former CEO and managing director

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Vishal Sikka, Jeffrey Lehman and John Etchemendy, decided to step down from the board, Infosys said in a release.

Strikes a blow Meaning : To do something to help or to support an idea, movement, or group, to do something to harm or oppose an idea, movement, or group Example : The supreme court judgment strikes a blow on the unbridled encroachment and surveillance by the state and its agencies in the life of the common man Hold on Meaning : Wait; stop, endure in difficult circumstances. Example : The result helped UP hold on to the top spot in Zone B but, in a group where the difference between the top and bottom-placed sides is just points, it would be a fragile lead **Pull through** Meaning : Get through an illness or other dangerous or difficult situation : Second seed Harinder Pal was in a lot of trouble after a sluggish start against Aditya Jagtap, Example but regained the surety of his touch to pull through in four games. Pumped up Meaning : To fill with enthusiasm or excitement, to fill with or as if with air "I like the fast court. I am pretty happy and pumped up to play the semifinal," said Kush. Example : Leave no stone unturned Meaning : To do everything possible in order to achieve or find something Example : Ahead of its return to the IPL in, Chennai Super Kings is leaving no stone unturned to get its campaign back on the track. One of the key reasons for its success in the first eight years was that the team managed to retain a core group of players and the support staff. **Rope in** Meaning : You mean that someone persuaded you to help them do that task : For the intentions remains the same with the team intending to rope in former coach Example

Stephen fleming.





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